Annual FALL REGATTA
San Mateo Marina Lagoon ◆ November

Bair Island Aquatic Center (BIAC) FAQ

What is BIAC?

BIAC is a nonprofit organization with the goal to provide access for and connect the community to our marine environment. The club offers sweep rowing, sculling and paddling (kayak and outrigger) programs. BIAC is also home to two competitive junior (high school) rowing teams.

Does BIAC allow everyone to participate?

Yes. Our programs support learning, recreational, fitness, and competitive needs for men and women of all ages. This welcoming approach allows anyone to acquire new skills and enjoy the benefits of vigorous exercise - valuable training for both mind and body. The high school teams encourage all youth to participate, regardless of financial ability. BIAC funding enables scholarships for junior rowers.

What are some other health benefits of rowing and paddling?

Human-powered aquatic activities build flexibility, cardiovascular endurance, and full-body muscle strength. Few sports offer such complete conditioning in a low-impact workout. To quote a popular saying, "You don't stop rowing because you get old. You get old because you stop rowing!"

Is BIAC involved in any community outreach?

Club members' volunteer spirit extends throughout the Peninsula. The Annual Barbecue, open to the public, features a popular community "Learn-to-Row."   BIAC also participates in coastal clean up efforts and other events to maintain and restore the marine sanctuary of Bair Island.

In addition to financially supporting junior rowers on our two main teams, BIAC youth coaches also lead a team of at-risk youth from San Mateo County.

How does the club use the proceeds of the Annual Regatta?

The Annual Regatta supports all of the aforementioned activities. In addition, Regatta proceeds enable the club to maintain sound financial status, which in turn, sustains its vibrant programs.

Is BIAC a 501(c)3 organization?

Yes. Our EID is 94-3343961. Your donation may be tax deductible to the extent allowed by law.

www.GoBair.org