



Save The Bay

July 8th, 2006, 10am-3:30pm

Calling all BIAAC members and their families

I know you always keep your eyes in the boat, and your mind alert to the details of your row or paddle, but haven't you always wanted to go onto Bair Island to check out the habitat of all the fabulous wildlife you pass by daily? Here's your chance! Since we actively recreate on the waters surrounding the island, it makes sense that we do everything in our power to serve and preserve the area for its natural inhabitants, as well as for us! To that end, we have made arrangements to join Save The Bay in their effort to restore our beloved Bair Island. Although normally off limits, the island will be open to us for the day. We will be led by certified canoeing instructors who will give us background about the history and ecosystem of the island, and instruct us in the removal of non-native plants and seeds. We will spend a couple of hours helping with restoration, and then finish up with an extended paddle in the surrounding waters.

For further information or to make reservations, email Julie King today, jking@dyz.com



Particulars

- Ages 10 or older can participate
- Group limited to 27
- Cost \$35/person (includes membership to Save The Bay)
- Invite your family and friends!
- Wear: comfy clothes, sunscreen, shoes that can get wet
- Bring: lunch, camera, binoculars, a willingness to work, and a sense of humor

About Save The Bay

Active since 1961, Save The Bay is the oldest and largest organization working exclusively to protect, restore, and celebrate the San Francisco Bay. Save The Bay is committed to making the bay cleaner and healthier, and to connecting residents with its habitat and its wildlife. This year, Save The Bay will engage thousands of volunteers in restoring 75 acres of bay wetlands by hand and will provide bay recreation and education opportunities for more than 5,000 students and adults www.saveSfbay.org

Bair Island Aquatic Center
1450 Maple Street
Redwood City, CA 94063
www.gobair.org

Contact: Julie King
Phone: 650.868.5462
Email: jking@dyz.com



–Bair Island–

Date

10am – 3:30 pm

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** = required before trip starts. Each person registered for trip needs to print and fill out these forms. Contact Julie King to obtain the form.
BRING WITH YOU ON DATE OF TRIP.*

Save The Bay is partnering with Don Edwards San Francisco Bay National Wildlife Refuge to restore portions of Bair Island in Redwood City. Take this opportunity to paddle a canoe out to a restoration site, learn about what is in store for the South Bay Salt Ponds, and do a hands – on Community – Based Restoration project for the Bay.

SAVE THE BAY

www.saveSFbay.org
(510) 452-9261

350 Frank H. Ogawa Plaza,
Suite 900
Oakland, CA 94612

t. **510.452.9261**
f. 510.452.9266

Greetings from Save the Bay!

We are happy you chose to come out for a canoe paddle and habitat restoration workday with Save The Bay at Bair Island. We will be meeting on Saturday, July 8 at the Marine Science Institute. Directions to the site follow this letter. **Please arrive on time, as we have a lot planned for the day.**

Your canoe and restoration trip will explore Redwood City's Bair Island, a unique bay "gem" with a history that includes use as a salt pond, a cattle grazing farm and now protected as part of the Don Edwards National Wildlife Refuge. This tidal marsh habitat is home to many species including birds such as egrets, herons, peregrine falcons and marsh hawks, as well as marine life like the native oyster and harbor seals. Enclosed is an informational "Nature Notes" sheet on Bair Island.

After introductions and a short paddling and safety talk, we will set out in our canoes for the day's journey. This scenic and educational paddle will explore the tidal marsh ecosystem on Bair Island. After paddling for a distance, your group will "park" into the shores of the island and assist with some of our wetland restoration activities. Restoration activities change with the seasons and may include non-native iceplant removal, planting native plants and shoreline cleanup. Save The Bay educators will lead the paddle and restoration project and will provide all the necessary canoeing and safety equipment. We will eat lunch on the island and should wrap up around **3:30 P.M.**

Attached you will find several important documents, including a Participant Information Sheet, a Health Form/Liability Release. **Please bring the completed and signed health form & release on the day of the outing.** Directions and site information follow this letter.

We will only cancel this outing if heavy rains or winds are forecast. If the weather looks questionable the morning of the outing, please call (510)452-9261 x109 (Jocelyn) after 7:30 am and listen to the voice mail message to confirm the status of the trip. To reach us on the morning of the trip, you can also call the Save The Bay cell phone at **510-852-4593**.

If you have any questions, please feel free to contact me at (510) 452-9261x109 or at jgretz@saveSFbay.org. Thank you for supporting Save The Bay; we'll see you on the water!

Sincerely,

Jocelyn Gretz
Community Programs Coordinator

All outings are subject to change based on weather and minimum numbers. If Save The Bay cancels a trip at any time there is no charge to you. If you need to cancel, please do so by the Wednesday before your outing and we will gladly refund you or put your money towards another Bay outing. If you cancel later than the Wednesday before your trip, or do not show up, you will be charged the full trip amount. There is no refund or trip credits for no-shows.



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Discover the Bay Outing Information

Location: Bair Island, Redwood City

Date:

Time: 10 a.m. – 3:30 p.m.

Directions to Bair Island

We will be launching from the Marine Science Institute (MSI) next to Stanford boathouse. Parking is limited. We will consider meeting at BIAC and carpooling over together.

From the North Bay:

Take 101 South from San Francisco, heading toward San Jose.

Exit at Woodside Rd./Seaport Blvd.

Take Seaport Rd. toward the Bay (East).

>>>Turn left on Chesapeake into the business park.

Turn left on Saginaw.

Turn right on Cardinal Way.

Follow Cardinal Way until it T's. Turn right; the Marine Science Institute is located in the offices by the American Flag.

From the South Bay:

Take 101 North from San Jose

Exit at Woodside Rd./Seaport Blvd. Take Seaport Rd. toward the Bay (East).

Follow the directions listed above after taking this exit.

From the East Bay:

Take 880 South from Oakland to the San Mateo Bridge (Hwy 92).

Cross the San Mateo Bridge and get on Highway 101 South toward San Jose.

Exit at Woodside Rd./Seaport Blvd. Take Seaport Rd. toward the Bay (East).

Follow the directions listed above after taking this exit.

Nature Notes: Bair Island

Overview

Bair Island is 2,600 acres of marsh and a part of the Don Edwards San Francisco Bay National Wildlife Refuge in Redwood City. Though portions of Bair Island are owned by the State of California as the Bair Island State Ecological Reserve, the entire island is managed by the Refuge. Bair Island provides critical habitat for a variety of species, including the endangered California clapper rail and the salt marsh harvest mouse, and is an important stop for birds on the Pacific flyway. An important part of South Bay ecology, environmentalists have fought to protect and restore Bair Island for decades.

Bair Island History

Bair Island once included thousands of acres of unspoiled tidal salt marsh, tidal sloughs and mudflats. In the 1940s, Leslie Salt built levees that divided the island into three sections - known today as inner, middle and outer Bair Island - and used the islands as salt ponds until the 1960s. Mobil Oil bought Bair Island in the 1970s and donated half the outer island to the Refuge. In 1982, Redwood City approved its plan to develop the rest of the island into homes, a shopping center and corporate offices. Local residents, led by Ralph Nobles brought these plans to a halt until Bair Island was purchased by Tokyo-based developer Kumagai Gumi in 1989. Kumagai also planned to develop Bair Island but in 1997, with federal funding secured with the help of Congresswoman Anna Eshoo, the Peninsula Open Space District purchased Bair Island for the public, paving the way for restoration.

Bair Island Restoration

Today, the U.S. Fish and Wildlife is taking the first steps toward restoring Bair Island. This restoration project is an important step in the revitalization of San Francisco Bay wetlands, which are critical to the health of the Bay ecosystem. It will improve water quality, expand and enhance wildlife habitat and reduce mosquito breeding conditions by restoring tidal flow. The restoration will also give public access to the Bay shoreline and provide opportunities for public involvement and stewardship.

The goals of the restoration project are to:

- 1) Restore a significant wetland complex to high quality tidal salt marsh
- 2) Maximize tidal function and habitat values
- 3) Relatively quickly enhance habitat for endangered species and native Bay wildlife
- 4) Provide enhanced opportunities for the public to enjoy and learn about the Island's unique resources



Save The Bay Restoration Projects

Save The Bay is partnering with the Refuge to provide on-going Community-Based Restoration programs at Inner and Middle Bair Island. Through our program, the public can participate in non-native plant removal, native plant restoration, seed collection and plant propagation on the island. Only authorized personnel and volunteers through partnering organizations such as Save The Bay are allowed on the island.

Information on the Internet

Save The Bay Bair Island campaign: <http://www.savesfbay.org/campaigns/bair.cfm>
Don Edwards San Francisco Bay National Wildlife Refuge: <http://www.fws.gov/desfbay/>



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Acknowledgment of Risk

"Save The Bay" Program Participants

Please read the following carefully before signing below...

In consideration of the services of Save The Bay, its agents, employees, trustees, officers, contractors and all other persons or entities associate with it (collectively referred to as "STB"), I agree as follows:

I am familiar with the program for which I am registering. I have had all my questions about the nature of the activities, the conditions, and the location where the program will take place answered. I understand that this program has risks, including certain risks which cannot be eliminated without fundamentally altering the unique character of this program. The same elements that contribute to the unique character of this program can be the cause of loss or damage to my belongings, accidental injury, illness, or in extreme cases, permanent trauma, disability or death. I understand that STB believes it is important for me to know in advance what to expect and to be informed of the programs' inherent risks. The following describes some, but not all, of those risks.

- STB courses involve travel out of doors where participants are subject to numerous risks, environmental and otherwise. Activities vary from program to program, and may include canoeing, restoration projects, and hiking.
- STB programs frequently occur in remote places where communication and transportation are difficult. Consequently emergency evacuations and medical care may be delayed.
- Travel is by canoe, on foot and by other means, over rugged, unpredictable off-trail terrain, which may include Bay Waters, rivers, slippery rocks, ocean tides and currents, waves, and floating obstacles. Participant risks include falling, capsizing, and drowning, as well as environmental risks.
- Environmental risks and hazards include rapidly moving, deep, or cold water; insects, snakes, lightning, and other unpredictable forces of nature, including weather which may change to extreme conditions without notice. Possible injuries and illnesses include hypothermia, sunburn, heatstroke, dehydration, allergy attacks, and other mild or serious conditions.
- Instructors may be required to make decisions under difficult circumstances, based on a variety of perceptions and evaluations, which by their nature are imprecise and subject to error.

I understand this description of the risks involved is not complete and that other unknown or unanticipated risks may result in property loss, injury or death. I agree to assume responsibility for all the risks inherent in the activities which comprise these programs. My participation in this program is purely voluntary, no one is forcing me to participate, and I elect to participate with full knowledge of the inherent risks.

I hereby agree to permit Save The Bay employees, agents, and other guests to take photographs and make film records of the trip without further recourse. I understand that such items may be used for commercial and / or promotional purposes.

I and my parent(s) or guardian, if I am a minor, represent that I am fully capable of participating in this program. Therefore, I and my parent(s) or guardian, if I am a minor, assume and accept full responsibility for me and for the injury, death, loss of personal property, and expenses suffered by me and / or them as a result of my voluntary participation in this program, as well as for any loss, injury or death resulting from my own negligence.

Signature (Participant/Student)

Date

Signature (Parent or Guardian)

Date



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Health Form

Discover the Bay Outings Medical Form

Contact Information

Date of Outing ___/___/___

NAME _____
First M.I. Last

Date of Birth ___/___/___ MALE/FEMALE (please circle) Save The Bay Member? Y N

I am not a member but interested in receiving information about Save The Bay by: MAIL E-MAIL

Parent(s) or Guardian (for participants under 18 only) _____

Home # (____) _____ Work #(____) _____ E-Mail _____

Home Address _____ City _____ ST _____ ZIP _____

Insurance Information _____
Physician _____

Policy and/or ID Number _____
Phone(____) _____

In an EMERGENCY, please notify:

Name _____

Relationship _____

Work Phone (____) _____

Home Phone (____) _____

Home Address _____

City _____ ST _____ ZIP _____

Health History

Do you have a current tetanus shot? YES NO Date of Shot ___/___/___

Please Indicate any allergies you might have (i.e. Bee stings, Foods, Medications, Other):

Please describe known reaction _____

Do you have or have had any history of:

Heart Defect/Disease	Y	N	Bleeding/Clotting Disorders	Y	N
Epilepsy	Y	N	Hypertension	Y	N
Diabetes	Y	N	Other History	Y	N

If you checked "yes" above, please describe _____

Current Medications _____

Other Medical Information (current Injuries, recent surgeries, other) _____